



BOOSTER CLUB

Vol. 5, No. 2

October 2005



October General Meeting (Delayed one day because of the Omaha game)

Wednesday, October 26 at 7:00 p.m.



Kearney Event Center – second floor

Guest speaker - Rob Simpson - Director of Off Ice Officials

How are shots on goal counted? What other stats are kept? What do the guys in the penalty box do besides hand pucks to the linesmen? Now you can find out!



**November 13, 3-5 p.m.
Big Apple Fun
Center**

Storm Chasers join the Storm team for an afternoon of bowling.

One more reason why you are a member of the Booster Club.

Go to page 3 for more information.
Make your reservations now!



Pumpkin Raffle

The annual pumpkin raffle was held on October 15 during the Lincoln game. It all started with a load of pumpkins straight out of the patch



at Harvest Moon Farms. Butch Knapp distributed them to Storm players on the Tuesday before the Lincoln game. During the game all the player-decorated pumpkins were on display at the Chaser Station.

Fans voted for their favorites by purchasing raffle tickets and placing them in the containers beside each pumpkin and by filling out ballots for the scariest and most creative. The players' imaginations covered a wide range this year. There were the traditional jack-o-lantern styles. Many worked their names into their designs. Some were super heroes like Spider Man and Superman. There were hockey sticks and pucks attached.

Alex Hudson's pumpkin was voted the most creative and Brett Watson's the scariest. Turn to page 3 for pictures.

Thank you! --- Thank you! --- Thank you!

Barbeque

The Storm Chaser Booster Club wants to express its appreciation to the individuals and businesses who helped make our season opening barbeque such a success.

Several individual members contributed food and helped with preparation and serving. Thank you for all your help. [Editor's note to those who brought food: It was delicious!]

Individuals

Laura Axmann	Butch Knapp
Jim Ekberg	Kathy Knapp
Trudy Ekberg	Joan Mickelsen
Michelle Fuestman	Cindy Rademacher
Paula Fuestman	Kurt Schmidt
Karen Heun	Becky Spilinek
Jean Hughes	



Businesses

These businesses donated food and supplies. We thank them for helping make our "Player Welcome" such a success.

Affiliated Foods
Cash Wa
Foster's Family Foods of Elm
Creek & Gibbon
Kearney Event Center
Sun Mart
Walmart

Welcome Packets

Each player received a Welcome Packet. Well, actually it was a sack full of all kinds of gifts from Kearney businesses. Our thanks to these businesses who contributed.

Antelope Book Store
Applebee's
Big Apple Fun Center
Cabela's
Chamber of Commerce
Dairy Queen
E'clips/Shari Roberts
Eileen's Cookies
Elks County Golf Course
Famous Filmores
Follett's Book Store
Hardees
Jimmy Johns
K-Mart
Little Caesar's Pizza
Mirror Image
Misko's Sporting Goods
Old Chicago
Pane Bello
Perkins
Platte Valley State Bank
Quizno's
Shop EZ
Sonic
Subway
TCBY
UNK
Valentino's



Roster Changes and a Player Sketch

After the Buc Bowl and before the regular season began, the player roster had to be trimmed by two. Elliot Okland, goalie, and Jon Milhouse, forward, were the two players who left the team. Later another roster change was made in our goalie line. We exchanged one Aaron for another one. Aaron Damjanovich left to return to the Billings Bulls. Aaron Rock joined the team and started practicing with them on Oct. 11.



Aaron Rock

G 6'0", 188, 7-5-1987

Aaron comes from Wheaton, IL, a suburb of Chicago. Wheaton is located sort of west of

Bensenville where the Steel play.

Aaron is coming from the Saginaw Spirits in Saginaw, Michigan. The team is in West Division of the Ontario Hockey League. Aaron was there last year also as a back up goalie.



Bowl With The STORM

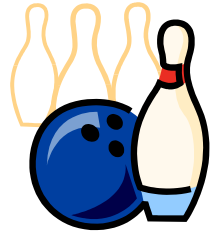
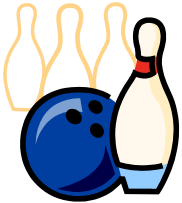
Date: **Sunday, November 13, 2005**

Time: **3 – 5 pm**

Cost: \$10 per person

(Includes shoe rental, bowling, & pitcher of pop per lane)

Please R.S.V.P. to Russell Killion, at russkillion@kearney.net or 308-627-7565
or Paula Fuestman, at fuestman@unk.edu or 308-830-0909
by November 6, 2005



Pre registration is **required**. Pay at the door.

Decorated Pumpkins



Most Creative
Alex Hudson



Scariest
Brett Watson



Also Scary
Jared Palmer



Also Creative
Mark Bernier



Another scary one
Brandon Bukowski



Another creative one
Mario Lamoureux

Photos by Kim Clark



Stretching



You've seen all the athletes do this before the game. Hockey teams come out for warm ups and begin

with a series of stretches. The football players, basketball and volleyball teams all do stretches before their games. The aerobics class begins with stretches. You probably do a series of your own stretches before you start your run. Why? Why are stretches important?

Gotta loosen up those muscles so you won't get a strain or a Charlie horse, right? Well there is more to it than that. Besides relaxing the muscles so they will stretch without causing injury or cramping, stretching increases the blood flow to the muscles. Increased blood flow brings in more fuel to the muscle as you exercise or play the game. That blood flow also carries away wastes that cause fatigue.

Stretching after exercise helps that blood flow to continue to carry away waste and it cools the muscles down. Do the hockey players do stretches in the locker room after the game?



HAPPY BIRTHDAY

We have one birthday this time. Best wishes to Jordan Willert who turns 18 on Nov. 6th.